

PLAYFORD WINS 4KM EVENT

First season runner Sandy Playford has broken through for her first win with the South Bendigo Athletic Club, after taking out the Bicknell's Sport / Hume & Iser 4000 metre handicap at Golf Course Road, Epsom on Saturday afternoon.

With a number of athletes away, the usual long distance & middle distance events were combined for the 4000 metre event. Sandy ran a time of 21.45 minutes to beat Bill Trew with front marker Keith Noden in third place.

David Purdon claimed fastest time with a performance of 13.41 minutes.

Another first year runner, Madison Bryce won the Bendigo Toyworld Under 10 1000 metres. Madison led all the way to win with a time of 5.53 minutes, ahead of Kyle Hilson & Will Noden. Jeremiah Jones finished in fourth place & claimed fastest time with 4.23 minutes.

In the Kevin Healey Retravision 2000 metre handicap, Tom Noden ran 9.22 minutes to win the race & ran a quicker split time than he did in the 1000 metre race only minutes prior. Tom finished 22 seconds clear of second placed Nigel Self, with Annette Curtis in third place.

Fastest Time in the event went to Neil Britten in 7.49 minutes.

Nigel Self won the weekly raffle.

The club had an Under 20 Men's team running at the Athletics Victoria Road Relay Championships at Sandown Park. Jono Giles led the team off on the 3 x 6.2km relay, running a time of 22.36 minutes, Peter Rice ran 21.19 minutes for the second leg, with Kyall Britten anchoring the team with the fastest time of 21.03 minutes. The team finished in a creditable fifth place.



Madison Bryce winning the Bendigo Toyworld Under 10 1000 metres from Kyle Hilson

Next week the club has a large number of teams in the Athletics Bendigo Club Relays at Catholic College, Junortoun.

The Men's Team will be out to defend their title from last season in the Open 4 x 3km event. Mike Bieleny, Greg Hilson, Kyall Britten & Peter Boyle were the victorious team from 2005. Only one athlete has held their berth in the number one team, this being Kyall Britten. Into the team come Peter Rice, David Purdon & Scott Purdon, who are all in great form.

The first event next week is the 3 x 800 metre relay for under 10 & 12, starting at 2.00pm. At 2.20pm, the 3 x 1500 metres will commence for under 14, 16, 18 athletes.

The 3000 metre relay runners will start at 2.45pm, with a 4 x 3000m for Open, 35 plus & 40 plus Men, as well as a 3 x 3000m for Under 20 and over 50 men, plus Open, Under 20 & 40 plus women.

The next run will be held on Saturday July 22nd from 1.30pm at a new venue, off the Raywood Road, on the way to the Woodvale Recreation Reserve, just north of Eaglehawk.

Distances will be 6.5km, 3km, 800m & 1.5km.

For more information about the club, please call Greg on 54483846, Sandra on 54422416 or check out the website at www.southbgoaths.alturl.com

Results; Gold Coast Marathon

42.2km John McGrath 4.05.53, placed 1183 out of 2405, 106th 45-49 Age Group

Results; Athletics Victoria Road Relay Championships- Sandown Park- Melbourne

3 x 6.2km Relay

Under 20 Men; 5th place; Jono Giles 22.36, Peter Rice 21.19, Kyall Britten 21.03

Results; Golf Course Road, Epsom

Bicknell's Sport / Hume & Iser Open 4000 metre Handicap

Sandy Playford 21.45, Bill Trew 21.29, Keith Noden 25.46, Greg Hilson 14.42, Mandy Worthington 17.46, Celia Boyle 16.26, Scott Purdon 14.04, David Purdon 13.41 (Fastest Time), Carol Coad 21.12, Kirsty Seipolt 19.43, Paul Rance 16.12, Ryan Cornell 27.36, George Austen 21.09

Bendigo Toyworld Under 10 1000 metre Handicap

Madison Bryce 5.53, Kyle Hilson 4.59, Will Noden 5.02, Jeremiah Jones 4.23 (Fastest time), Kaitlyn Bryce 4.52, Tom Noden 4.51, Jarrod Coad 5.17

Kevin Healey Retravision Open 2000 metre Handicap

Tom Noden 9.22, Nigel Self 8.44, Annette Curtis 12.30, Will Noden 10.50, Cara Jones 11.17, Jeremiah Jones 9.23, Maire Playford 9.12, Neil Britten 7.49 (Fastest Time), Jesse Noden 8.05, Sandy Giampietro 13.40, Francis Hall 8.50, Ross Matheson 9.07, Peter Curtis Snr 9.31, Ebony-Jade Jones 11.24, Cathy White 12.18