

# JOHN WINS SUNDAY RUN AT ATLAS ROAD

The South Bendigo Athletic Club broke tradition on weekend, in conducting a Sunday afternoon Club Run at Atlas Road in Junortoun, instead of the regular Saturday afternoon programming.

In the Bicknell's Sport 10000 metre handicap, the longest event on the club run calendar, new runner, John Van Tigglan ran a very good race on a tough course to win in a time of 43.20 minutes.

John heads to Sydney this weekend for the famous City to Surf run, from Sydney City to Bondi Beach. Co-marker John McGrath finished in second place, stopping the clock in 43.56 minutes, with Backmarker David Purdon, finishing in third place & claiming fastest time of 38.28 minutes.

Only three seconds separated the placegetters in the Hume & Iser 3000 metre handicap, with Jason Seipolt winning the sprint to the line, with a time of 14.23 minutes.

Mandy Worthington finished just one second behind, with Peter Hayes a further two seconds back in third place. Scott Purdon finished in fourth place & captured fastest time with 10.54 minutes.

Kyle Hilson, running in his last under 10 club handicap race, finished in first place in the Bendigo Toyworld 800 metre handicap with a personal best time of 3.47 minutes.

Kaitlyn Bryce finished in second place, with the fast finishing Jeremiah Jones, third & fastest time with a performance of 3.21 minutes.

The final event of the day was the Kevin Healey Retravision 1500 metre Handicap, which saw first year athlete Karl Kirkham running away with victory. Karl ran a time of 6.13 minutes, the only runner on the day to break their estimated time.

Second place went to youngster, Will Noden, with back marker Neil Britten running fastest time and a third placed finish with a time of 5.37 minutes. In the weekly effort, Peter Hayes won first prize & George Austen second prize, thanks to the Seipolt Family.

Next Saturday is the re-scheduled Athletics Bendigo Club Relays, this time they will be run at Lake Neanger in Napier Street, Eaglehawk. The first event is at 2.00pm, this being the u10 & u12 relay over 1060 metres (one lap of the lake each).

At 2.20pm, the under 14, 16 & 18 athletes will run a 2120 metre relay (two laps each).

The 2.45pm relay is over three laps or 3180 metres each & this is for under 20, open & veteran athletes.

All South Bendigo members should arrive at least 30 minutes prior to there event & report to the South Bendigo Banner.

The following week's run will be at Rocky Rises Road, Kangaroo Flat, this being the Club Championships & Sealed Handicap day on Saturday 19<sup>th</sup> August from 1.30pm.

For more information about the club, this weeks Club Relays or the upcoming Track & Field season, please call Greg on 54483846 or Sandra on 54422416 or log on to; [www.southbgoaths.alturl.com](http://www.southbgoaths.alturl.com)

Results; Club Run 12, Atlas Road, Junortoun

**Bicknell's Sports 10,000 metres**

John Van Tigglan 43.20, John McGrath 43.56, David Purdon 38.28 (Fastest Time), Kirsty Seipolt 55.39, Greg Hilson 42.43, George Austen DNF

**Hume & Iser 3000 metres**

Jason Seipolt 14.23, Mandy Worthington 13.04, Peter Hayes 15.41, Scott Purdon 10.54 (Fastest Time), Keith Noden 19.28, Ian Self 14.07, Cathy White 17.43, Bill Trew 17.13

**Bendigo Toyworld 800 metres**

Kyle Hilson 3.47, Kaitlyn Bryce 3.30, Jeremiah Jones 3.21 (Fastest Time), Will Noden 3.57, Jake Hilson 3.23, Tom Noden 3.28, Thomas Hawke 4.53, Holly Hawke 4.10, Madison Bryce 4.47, Madeleine Hawke 3.53

**Kevin Healey Retravision 1500 metres**

Karl Kirkham 6.13, Will Noden 7.45, Neil Britten 5.37 (Fastest Time), Jesse Noden 5.49, Jeremiah Jones 6.52, Ian Carmichael 5.54, Francis Hall 6.31, Maria Bryce 9.08, Sandy Giampietro 10.03, Annette Curtis 9.34, Ebony-Jade Jones 7.24, Ross Matheson 6.50, Cara Jones 9.00, Peter Curtis SNR 9.29