

# SOUTH INVITES ALL RUNNERS TO WOODVALE

The South Bendigo Athletic Club will host its annual Fun Run/Invitation Day at the Woodvale Recreation Reserve this Saturday afternoon starting at 2.00pm.

All runners joggers & walkers are invited to take part! There will be four distances conducted during the afternoon, including a 6.5 km & a 3.2 km event, both start together at 2.00pm. The 6.5km event will have age group categories, including Under 18, Under 20, Open & Over 40, Men & Women, plus a 50 plus Men section. The 3.2 km event is for Under 14 & Under 16 Boys & Girls, plus a section for Invitation (overage men & women). At 2.50pm, a 1 km event will be held for Under 10 & Under 12 Boys & Girls, overage athletes are also eligible to compete by invitation. An additional event has also been added to the program with a 500 metre event for under 8 boys & girls, to be run at 3.05pm.

Sashes will be awarded to the Male & Female winners of the 6.5km, the 3.2km & the 1km events (excluding invitation athletes).

Entries are to be taken on the day only, with entry fees of; Under 8 \$1.00, 8-17 years \$2.00, 18 and over \$4.00 or \$8.00 per family.

Athletes should arrive prior to 1.30pm to enter the 2.00pm events.

To get to Woodvale, veer right at the Eaglehawk Town Hall, following the Raywood signs, travel approx. 4km before turning right into Janaways Road, where the Reserve is on the right hand side.

The club held its 5<sup>th</sup> Club Run of the season at Lightning Hill, Eaglehawk on Saturday afternoon. George Austen ran a much improved time of 32.57 minutes to win the Bicknell's Sports 6500 metres handicap, from backmarker & fastest time recipient David Purdon with a time of 22.16 minutes. Club newcomer Jason Nickson was third in 25.42 minutes.

Kim Howard also had her first run with the club, finishing in sixth place.

Mandy Worthington cruised to a comfortable victory in the Hume & Iser 3000 metre handicap. Mandy ran a season best time of 13.00 minutes to beat Bill Trew, with Maire Playford in third place. James Hampson started as backmarker and finished with fourth place & fastest time of 12.43 minutes. A close finish resulted in the Under 10 Bendigo Toyworld 800 metre handicap, with Madeleine Hawke running 3.43 minutes, claiming a narrow victory from Brigid Raven, who was vying for three straight victories and Thomas Hawke in third place. Jake Hilson ran the fastest time of 3.17 minutes.

The Kevin Healey Retravision 1500 metres handicap was taken out by Ross Matheson in a time of 6.25 minutes. Cara Jones ran an excellent race to finish second with Nerrida Holland third. Jesse Noden ran just one second faster than the race winner, to run fastest time of 6.25 minutes.

The club requires all members to assist with the conduct of next week's Fun Run/Invitation. Some helpers are required at the venue from 11.30am. The next club run will be held on 27<sup>th</sup> May, with the annual Free Soup & Sav day at Pearces Road, Mandurang.

For more information, please call Greg on 54483846, Sandra on 54422416 or view to club website; [www.southbgoaths.alturl.com](http://www.southbgoaths.alturl.com)

## Results; Club Run # 5 – Lightning Hill, Whipstick Road

### Bicknell's Sport 6500 metres Handicap

George Austen 32.57, David Purdon 22.16 (Fastest Time), Jason Nickson 25.42, Kyall Britten 22.23, Greg Hilson 25.45, Kim Howard 34.59, Ryan Cornell 24.12, Kirsty Seipolt 33.48, John McGrath 26.15, Peter Hayes 35.50

### Hume & Iser 3000 metres Handicap

Mandy Worthington 13.00, Bill Trew 16.40, Maire Playford 13.56, James Hampson 12.43 (Fastest Time), Francis Hall 13.48, Carol Coad 15.11, Sandy Playford 16.36, Keith Noden 19.57, Gina Hilson 19.48, Cathy White 18.28

### Bendigo Toyworld Under 10 800 metres Handicap

Madeleine Hawke 3.43, Brigid Raven 5.06, Thomas Hawke 5.02, Kyle Hilson 3.52, Riley Raven 3.35, Tom Noden 3.21, Jake Hilson 3.17 (Fastest Time), Holly Hawke 4.04, Jeremiah Jones 3.25, Jarrod Coad 4.08, Will Noden 4.09

### Kevin Healey Retravision 1500 metres Handicap

Ross Matheson 6.25, Cara Jones 7.59, Nerrida Holland 9.11, Tom Noden 7.08, Ebony-Jade Jones 7.51, Jeremiah Jones 6.56, Jesse Noden 6.24 (Fastest Time), Riley Raven 7.21, Annette Curtis 9.20, Peter Curtis Snr 9.02, Adrian Coad 8.04



Adrian Code and Jesse Noden at Start of the 1500m