

AV Shield Programme 1 - 11-Dec-10**Round 8 Saturday 11th December****Bendigo Region****Results - Programme 1****Mixed 200 Meter Dash**

| Name | Age | Team | Finals |
|----------------------------|-----|-------------------------|--------|
| Section 1 Wind: 1.6 | | | |
| 1 McConnell, Ben | M | EAGLEHAWK YMCA AC | 23.86 |
| 2 McLaurin, Harry | M16 | EAGLEHAWK YMCA AC | 24.02 |
| 3 Cameron, Jack | M17 | EAGLEHAWK YMCA AC | 24.53 |
| 4 Flanagan, Patrick | M18 | SOUTH BENDIGO AC | 24.67 |
| 5 Swatton, Joel | M15 | BENDIGO YMCA HARRIERS A | 24.78 |
| Section 2 Wind: 1.6 | | | |
| 1 Cindric, Matthew | M14 | BENDIGO YMCA HARRIERS A | 25.03 |
| 2 Wilson, Tracy | M45 | EAGLEHAWK YMCA AC | 25.34 |
| 3 Chisholm, David | M41 | EAGLEHAWK YMCA AC | 25.93 |
| 4 Miller, Isaiah | M15 | SOUTH BENDIGO AC | 26.20 |
| 5 Rowlatt, Luke | M13 | BENDIGO YMCA HARRIERS A | 26.28 |
| Section 3 Wind: 1.7 | | | |
| 1 Brown, Phillip | M51 | BENDIGO YMCA HARRIERS A | 27.12 |
| 2 McMinn, Tom | M13 | EAGLEHAWK YMCA AC | 27.61 |
| 3 Friswell, Owen | M15 | BENDIGO YMCA HARRIERS A | 28.15 |
| 4 Browell, Leigh | M36 | SOUTH BENDIGO AC | 29.13 |
| Section 4 Wind: 2.3 | | | |
| 1 Walkington, Luke | M19 | SOUTH BENDIGO AC | 27.92 |
| 2 Hilson, Jake | M11 | SOUTH BENDIGO AC | 30.30 |
| 3 Shanahan, Kevin | M54 | EAGLEHAWK YMCA AC | 31.59 |
| 4 Cornell, Brian | M57 | EAGLEHAWK YMCA AC | 31.78 |
| 5 Flanagan, James | M14 | SOUTH BENDIGO AC | 33.52 |
| Section 5 Wind: 0.8 | | | |
| 1 Heiden, Wolf | M51 | SOUTH BENDIGO AC | 34.18 |
| 2 Green, Nathan | M13 | BENDIGO YMCA HARRIERS A | 34.51 |
| 3 Ryan, Sean | M30 | BENDIGO YMCA HARRIERS A | 35.57 |
| 4 Hilson, Kyle | M13 | SOUTH BENDIGO AC | 37.89 |
| 5 Bruechert, Ken | M77 | BENDIGO YMCA HARRIERS A | 38.55 |
| Section 6 Wind: 0.8 | | | |
| 1 Whitford, Charlie | W14 | EAGLEHAWK YMCA AC | 26.28 |
| 3 Snyder, Denise | W18 | EAGLEHAWK YMCA AC | 29.37 |
| 4 Farrell, Tracy | W47 | EAGLEHAWK YMCA AC | 29.71 |
| 5 Hall, Kirrily | W16 | EAGLEHAWK YMCA AC | 29.96 |
| 2 Bromfield, Joanna | W21 | MELBOURNE UNIVERSITY A | X27.50 |
| Section 7 Wind: 1.0 | | | |
| 1 Evely, Madeleine | W16 | EAGLEHAWK YMCA AC | 29.05 |
| 2 Mountjoy, Celine | W15 | SOUTH BENDIGO AC | 30.04 |
| 3 Hayes, Teleah | W13 | SOUTH BENDIGO AC | 31.21 |
| 4 Boldiston, Zoe | W13 | SOUTH BENDIGO AC | 31.35 |
| 5 Pompei, Stephanie | W15 | SOUTH BENDIGO AC | 31.65 |
| 6 Bryce, Kaitlyn | W13 | SOUTH BENDIGO AC | 31.69 |
| 7 Hocking, Deanne | W17 | SOUTH BENDIGO AC | 31.89 |
| 8 Coad, Carol | W49 | SOUTH BENDIGO AC | 32.21 |
| Section 8 Wind: 3.7 | | | |
| 1 Marwood, Emily | W15 | EAGLEHAWK YMCA AC | 30.56 |
| 2 Cripps, Leah | W36 | EAGLEHAWK YMCA AC | 34.24 |
| 3 Kirne, Blase | W17 | SOUTH BENDIGO AC | 34.79 |
| 4 Curtis, Annette | W54 | SOUTH BENDIGO AC | 40.62 |

AV Shield Programme 1 - 11-Dec-10**Round 8 Saturday 11th December****Bendigo Region****Results - Programme 1****Mixed 800 Meter Run**

| Name | Age | Team | Finals |
|-------------------------|-----|-------------------------|----------|
| Section 1 | | | |
| 1 Geraghty, Shaun | M17 | BENDIGO YMCA HARRIERS / | 1:59.20 |
| 2 Ritchie, Evan | M25 | SOUTH BENDIGO AC | 2:08.28 |
| 3 Nolan, Jacob | M16 | BENDIGO YMCA HARRIERS / | 2:08.84 |
| 4 Cindric, Matthew | M14 | BENDIGO YMCA HARRIERS / | 2:10.64 |
| 5 Savage, Thomas | M15 | EAGLEHAWK YMCA AC | 2:11.52 |
| 6 Simpson, Katelyn | W | QUEENSLAND | 2:13.07 |
| 7 Coad, Adrian | M18 | SOUTH BENDIGO AC | 2:19.19 |
| Section 2 | | | |
| 1 Noden, Jesse | M | SOUTH BENDIGO AC | 2:16.23 |
| 2 Green, Craig | M43 | BENDIGO YMCA HARRIERS / | 2:21.90 |
| 2 McMinn, Tom | M13 | EAGLEHAWK YMCA AC | 2:21.90 |
| 4 Browell, Leigh | M36 | SOUTH BENDIGO AC | 2:30.42 |
| 5 Evely, Madeleine | W16 | EAGLEHAWK YMCA AC | 2:36.32 |
| 6 Wellard, Ian | M42 | BENDIGO YMCA HARRIERS / | 3:02.16 |
| Section 3 | | | |
| 1 Hicks, Terry | M56 | EAGLEHAWK YMCA AC | 2:18.97 |
| 2 Power, Morgan | W14 | EAGLEHAWK YMCA AC | 2:19.62 |
| 3 Lock, Rebekah | W13 | EAGLEHAWK YMCA AC | 2:26.46 |
| 4 Hayes, Teleah | W13 | SOUTH BENDIGO AC | 2:29.93 |
| 5 Timewell, Christopher | M36 | SOUTH BENDIGO AC | 2:35.02 |
| 6 Boldiston, Zoe | W13 | SOUTH BENDIGO AC | 2:38.07 |
| 7 Erwin, Samantha | W14 | SOUTH BENDIGO AC | 2:40.25 |
| Section 4 | | | |
| 2 Hilson, Jake | M11 | SOUTH BENDIGO AC | 2:36.58 |
| 3 Buckley, Anne | W43 | BENDIGO YMCA HARRIERS / | 2:43.01 |
| 4 Heiden, Dane | M13 | SOUTH BENDIGO AC | 2:46.21 |
| 5 Heiden, Wolf | M51 | SOUTH BENDIGO AC | 2:46.49 |
| 6 Touhey, Yvette | W20 | BENDIGO YMCA HARRIERS / | 2:49.16 |
| 1 Noden, Tom | M | SOUTH BENDIGO AC | X2:36.54 |
| Section 5 | | | |
| 1 Shanahan, Kevin | M54 | EAGLEHAWK YMCA AC | 2:44.91 |
| 2 Hocking, Kerrieanne | W43 | BENDIGO YMCA HARRIERS / | 2:50.44 |
| 4 Marwood, Emily | W15 | EAGLEHAWK YMCA AC | 2:54.96 |
| 5 Green, Nathan | M13 | BENDIGO YMCA HARRIERS / | 2:57.11 |
| 6 Jones, Jeremiah | M13 | EAGLEHAWK YMCA AC | 3:09.98 |
| 3 Noden, Will | M | SOUTH BENDIGO AC | X2:51.63 |
| Section 6 | | | |
| 1 Hocking, Deanne | W17 | SOUTH BENDIGO AC | 2:58.74 |
| 2 Flanagan, James | M14 | SOUTH BENDIGO AC | 2:59.74 |
| 3 Slattery, Angela | W43 | EAGLEHAWK YMCA AC | 3:00.42 |
| 4 Nielsen, Alexander | M12 | BENDIGO YMCA HARRIERS / | 3:01.86 |
| 5 Carmichael, Ian | M64 | EAGLEHAWK YMCA AC | 3:09.65 |
| 6 Ryan, Sean | M30 | BENDIGO YMCA HARRIERS / | 3:24.33 |
| 7 Hilson, Kyle | M13 | SOUTH BENDIGO AC | 3:26.76 |

Mixed 3000 Meter Run

| Name | Age | Team | Finals |
|------------------|-----|-------------------------|----------|
| Section 1 | | | |
| 1 Ritchie, Evan | M25 | SOUTH BENDIGO AC | 10:14.38 |
| 2 Cook, Jamie | M19 | BENDIGO YMCA HARRIERS / | 10:50.55 |
| 3 Buckley, Anne | W43 | BENDIGO YMCA HARRIERS / | 11:43.94 |

AV Shield Programme 1 - 11-Dec-10**Round 8 Saturday 11th December****Bendigo Region****Results - Programme 1****Section 1 ... (Mixed 3000 Meter Run)**

| Name | Age | Team | Finals |
|---------------------------|-----|-------------------------|----------|
| 4 Savage, Joshua | M15 | EAGLEHAWK YMCA AC | 12:11.10 |
| 5 Heiden, Wolf | M51 | SOUTH BENDIGO AC | 12:22.13 |
| 6 Goodall - Hoffman, Demi | W13 | EAGLEHAWK YMCA AC | 12:31.00 |
| 7 Chambers, Charles | M56 | BENDIGO YMCA HARRIERS / | 12:38.61 |
| 8 Nielsen, Alexander | M12 | BENDIGO YMCA HARRIERS / | 12:45.51 |
| 9 Heard, Amanda | W15 | EAGLEHAWK YMCA AC | 14:01.33 |

Mixed 5000 Meter Run

| Name | Age | Team | Finals |
|------------------|-----|-------------------------|-----------|
| Section 1 | | | |
| 2 Green, Craig | M43 | BENDIGO YMCA HARRIERS / | 18:59.91 |
| 3 Cook, Victor | M48 | BENDIGO YMCA HARRIERS / | 19:10.46 |
| 4 Browell, Leigh | M36 | SOUTH BENDIGO AC | 19:35.94 |
| 5 Gill, Hunter | M62 | BENDIGO YMCA HARRIERS / | 22:19.92 |
| 6 Fahy, Tony | M67 | BENDIGO YMCA HARRIERS / | 23:04.19 |
| 1 Noden, Peter | M | SOUTH BENDIGO AC | X18:01.81 |

Mixed 400 Meter Hurdles

| Name | Age | Team | Finals |
|------------------|-----|-------------------|--------|
| Section 1 | | | |
| 1 Leech, Kaine | M18 | EAGLEHAWK YMCA AC | 58.70 |
| 2 Curtis, Peter | M16 | SOUTH BENDIGO AC | 62.27 |
| 3 Higgs, Tanya | W16 | EAGLEHAWK YMCA AC | 70.49 |

Mixed 4x400 Meter Relay

| Team | Relay | Finals | |
|-------------------------|------------------------|------------------------|-----------------------------|
| Section 1 | | | |
| 2 SOUTH BENDIGO AC | M E | 3:47.17 | |
| 1) Flanagan, Patrick 18 | 2) Miller, Isaiah 15 | 3) Ritchie, Evan 25 | 4) Pickthall, Joshua 19 |
| 3 EAGLEHAWK YMCA AC | M F | 4:22.69 | |
| 1) Chisholm, David 41 | 2) Hicks, Terry 56 | 3) Cornell, Brian 57 | 4) Shanahan, Kevin 54 |
| 4 SOUTH BENDIGO AC | M G | 4:23.65 | |
| 1) Curtis, Peter 16 | 2) Coad, Adrian 18 | 3) Heiden, Wolf 51 | 4) Browell, Leigh 36 |
| 1 EAGLEHAWK YMCA AC | M A | X3:39.74 | |
| 1) McConnell, Ben | 2) McLaurin, Harry 16 | 3) Savage, Thomas 15 | 4) Wilson, Tracy 45 |
| 5 SOUTH BENDIGO AC | M F | X4:24.09 | |
| 1) Noden, Jesse | 2) Mountjoy, Celine 15 | 3) Walkington, Luke 19 | 4) Timewell, Christopher 36 |

Section 2

| | | | |
|-------------------------------|-------------------------|-----------------------|-------------------------|
| 1 EAGLEHAWK YMCA AC | W B | 4:37.27 | |
| 1) Evely, Madeleine 16 | 2) Higgs, Tanya 16 | 3) Heard, Amanda 15 | 4) Hall, Kirrily 16 |
| 2 SOUTH BENDIGO AC | W B | 4:42.68 | |
| 1) Erwin, Nicole 12 | 2) Boldiston, Zoe 13 | 3) Bryce, Kaitlyn 13 | 4) Hayes, Teleah 13 |
| 4 EAGLEHAWK YMCA AC | W C | 4:54.90 | |
| 1) Goodall - Hoffman, Demi 13 | 2) Farrell, Tracy 47 | 3) Whiley, Ebony 15 | 4) Cripps, Leah 36 |
| 5 SOUTH BENDIGO AC | W A | 5:14.30 | |
| 1) Erwin, Samantha 14 | 2) Pompei, Stephanie 15 | 3) Hocking, Deanne 17 | 4) Coad, Carol 49 |
| 6 SOUTH BENDIGO AC | M I | 5:15.01 | |
| 1) Flanagan, James 14 | 2) Hilson, Kyle 13 | 3) Hilson, Jake 11 | 4) Pickthall, Joseph 13 |
| 3 SOUTH BENDIGO AC | M H | X4:53.23 | |
| 1) Fitzgerald, Dylan | 2) Noden, Tom | 3) Noden, Will | 4) Heiden, Dane 13 |

Mixed High Jump

| Name | Age | Team | Finals |
|---------------------|-----|-------------------------|--------|
| Flight 1 | | | |
| 2 Frost-Thomas, Zac | M15 | BENDIGO YMCA HARRIERS / | 1.80m |

AV Shield Programme 1 - 11-Dec-10**Round 8 Saturday 11th December****Bendigo Region****Results - Programme 1****Flight 1 ... (Mixed High Jump)**

| Name | Age | Team | Finals |
|---------------------|-----|-------------------------|--------|
| 3 Pickthall, Joshua | M19 | SOUTH BENDIGO AC | 1.75m |
| 4 Schenker, Louis | M17 | BENDIGO YMCA HARRIERS / | 1.70m |
| 5 Snyder, Denise | W18 | EAGLEHAWK YMCA AC | 1.65m |
| 6 Lawson, Madeleine | W14 | EAGLEHAWK YMCA AC | 1.55m |
| 9 Walkington, Luke | M19 | SOUTH BENDIGO AC | 1.45m |
| 10 Chisholm, David | M41 | EAGLEHAWK YMCA AC | 1.35m |
| 11 Heiden, Wolf | M51 | SOUTH BENDIGO AC | 1.15m |
| 1 Palfreyman, Jack | M | EAGLEHAWK YMCA AC | X1.90m |
| 6 Johnson, Bobby | M | EAGLEHAWK YMCA AC | X1.55m |
| 8 Bromfield, Joanna | W21 | MELBOURNE UNIVERSITY A | X1.50m |

Mixed Pole Vault

| Name | Age | Team | Finals |
|---------------------|-----|-------------------------|--------|
| Flight 1 | | | |
| 1 Gilligan, Brett | M33 | BENDIGO YMCA HARRIERS / | 4.00m |
| 2 Lawson, Madeleine | W14 | EAGLEHAWK YMCA AC | 3.00m |
| 3 Pickthall, Joshua | M19 | SOUTH BENDIGO AC | 2.80m |

Mixed Long Jump

| Name | Age | Team | Finals | Wind |
|----------------------------|-----|-------------------------|--------|------|
| Flight 1 | | | | |
| 2 Schenker, Louis | M17 | BENDIGO YMCA HARRIERS / | 5.73m | NWI |
| 4 Frost-Thomas, Zac | M15 | BENDIGO YMCA HARRIERS / | 5.10m | NWI |
| 5 Miller, Isaiah | M15 | SOUTH BENDIGO AC | 4.96m | NWI |
| 5 Chisholm, David | M41 | EAGLEHAWK YMCA AC | 4.96m | NWI |
| 7 Pickthall, Joseph | M13 | SOUTH BENDIGO AC | 4.17m | NWI |
| 8 Timewell, Christopher | M36 | SOUTH BENDIGO AC | 4.01m | NWI |
| 9 Fulton, Jamie | M11 | EAGLEHAWK YMCA AC | 3.76m | NWI |
| 10 Pickthall, Michael | M52 | SOUTH BENDIGO AC | 3.45m | NWI |
| 11 Cornell, Brian | M57 | EAGLEHAWK YMCA AC | 3.36m | NWI |
| 1 Palfreyman, Jack | M | EAGLEHAWK YMCA AC | X6.16m | NWI |
| 3 Johnson, Bobby | M | EAGLEHAWK YMCA AC | X5.18m | NWI |
| --- Cameron, Jack | M17 | EAGLEHAWK YMCA AC | ND | NWI |
| --- Swatton, Joel | M15 | BENDIGO YMCA HARRIERS / | ND | NWI |
| Flight 2 | | | | |
| 1 Higgs, Tanya | W16 | EAGLEHAWK YMCA AC | 5.01m | NWI |
| 2 Snyder, Denise | W18 | EAGLEHAWK YMCA AC | 4.91m | NWI |
| 3 Heard, Amanda | W15 | EAGLEHAWK YMCA AC | 4.29m | NWI |
| 4 Hall, Kirrily | W16 | EAGLEHAWK YMCA AC | 4.23m | NWI |
| 5 Evely, Madeleine | W16 | EAGLEHAWK YMCA AC | 4.09m | NWI |
| 6 Coad, Carol | W49 | SOUTH BENDIGO AC | 3.95m | NWI |
| 7 Mountjoy, Celine | W15 | SOUTH BENDIGO AC | 3.78m | NWI |
| 8 Farrell, Tracy | W47 | EAGLEHAWK YMCA AC | 3.73m | NWI |
| 9 Kirne, Blase | W17 | SOUTH BENDIGO AC | 3.54m | NWI |
| 10 Pompei, Stephanie | W15 | SOUTH BENDIGO AC | 3.45m | NWI |
| 11 Cripps, Leah | W36 | EAGLEHAWK YMCA AC | 3.26m | NWI |
| 12 Goodall - Hoffman, Demi | W13 | EAGLEHAWK YMCA AC | 3.06m | NWI |
| 13 Bryce, Maria | W42 | SOUTH BENDIGO AC | 2.91m | NWI |
| 14 Curtis, Annette | W54 | SOUTH BENDIGO AC | 2.56m | NWI |
| --- Bryce, Kaitlyn | W13 | SOUTH BENDIGO AC | ND | NWI |

AV Shield Programme 1 - 11-Dec-10
Round 8 Saturday 11th December
Bendigo Region
Results - Programme 1

Mixed Shot Put

| | Name | Age | Team | Finals |
|-----------------|-----------------------|-----|-------------------------|--------|
| Flight 1 | | | | |
| 1 | Pickthall, Joshua | M19 | SOUTH BENDIGO AC | 11.76m |
| 2 | Curtis, Peter | M16 | SOUTH BENDIGO AC | 10.67m |
| 3 | Frost-Thomas, Zac | M15 | BENDIGO YMCA HARRIERS / | 10.34m |
| 4 | Kellow, Richard | M15 | BENDIGO YMCA HARRIERS / | 10.00m |
| 6 | Coad, Adrian | M18 | SOUTH BENDIGO AC | 9.16m |
| 7 | Pickthall, Michael | M52 | SOUTH BENDIGO AC | 8.40m |
| 8 | Timewell, Christopher | M36 | SOUTH BENDIGO AC | 7.54m |
| 9 | Walkington, Luke | M19 | SOUTH BENDIGO AC | 7.47m |
| 10 | Pickthall, Joseph | M13 | SOUTH BENDIGO AC | 7.20m |
| 11 | Browell, Leigh | M36 | SOUTH BENDIGO AC | 6.58m |
| 12 | Friswell, Owen | M15 | BENDIGO YMCA HARRIERS / | 6.55m |
| 13 | Savage, Joshua | M15 | EAGLEHAWK YMCA AC | 6.52m |
| 14 | Savage, Thomas | M15 | EAGLEHAWK YMCA AC | 6.31m |
| 15 | Heiden, Wolf | M51 | SOUTH BENDIGO AC | 6.29m |
| 16 | Schenker, Heinrich | M68 | BENDIGO YMCA HARRIERS / | 5.92m |
| 17 | Jones, Jeremiah | M13 | EAGLEHAWK YMCA AC | 4.69m |
| 5 | Palfreyman, Jack | M | EAGLEHAWK YMCA AC | X9.85m |
| --- | Johnson, Bobby | M | EAGLEHAWK YMCA AC | XND |
| Flight 2 | | | | |
| 1 | Higgs, Tanya | W16 | EAGLEHAWK YMCA AC | 9.60m |
| 2 | Kellow, Roxanne | W16 | BENDIGO YMCA HARRIERS / | 8.87m |
| 3 | Kellow, Barbara | W44 | BENDIGO YMCA HARRIERS / | 7.61m |
| 4 | Kirne, Blase | W17 | SOUTH BENDIGO AC | 7.59m |
| 5 | Schenker, Zoe | W52 | BENDIGO YMCA HARRIERS / | 7.46m |
| 6 | Stevenson, Michelle | W41 | EAGLEHAWK YMCA AC | 6.85m |
| 7 | Cripps, Leah | W36 | EAGLEHAWK YMCA AC | 6.52m |
| 9 | Coad, Carol | W49 | SOUTH BENDIGO AC | 5.98m |
| 10 | Bryce, Kaitlyn | W13 | SOUTH BENDIGO AC | 5.97m |
| 11 | Ennor, Wendy | W53 | EAGLEHAWK YMCA AC | 5.48m |
| 12 | Mountjoy, Celine | W15 | SOUTH BENDIGO AC | 5.27m |
| 13 | Curtis, Annette | W54 | SOUTH BENDIGO AC | 5.26m |
| 14 | Pompei, Stephanie | W15 | SOUTH BENDIGO AC | 5.07m |
| 15 | Bryce, Maria | W42 | SOUTH BENDIGO AC | 5.06m |
| 16 | Minchin, Lisa | W46 | SOUTH BENDIGO AC | 4.56m |
| 17 | Jones, Ebony-Jade | W16 | EAGLEHAWK YMCA AC | 4.37m |
| 8 | Bromfield, Joanna | W21 | MELBOURNE UNIVERSITY A | X6.49m |
| --- | Hocking, Deanne | W17 | SOUTH BENDIGO AC | ND |

Mixed 1500 Meter Race Walk

| | Name | Age | Team | Finals |
|------------------|-----------------|-----|-------------------|---------|
| Section 1 | | | | |
| 1 | Jones, Jeremiah | M13 | EAGLEHAWK YMCA AC | 7:52.01 |

Mixed 3000 Meter Race Walk

| | Name | Age | Team | Finals |
|------------------|-------------------|-----|-------------------|----------|
| Section 1 | | | | |
| 1 | Heard, Amanda | W15 | EAGLEHAWK YMCA AC | 16:21.53 |
| 2 | Heiden, Dane | M13 | SOUTH BENDIGO AC | 16:37.97 |
| 3 | Savage, Joshua | M15 | EAGLEHAWK YMCA AC | 17:25.55 |
| 4 | Jones, Ebony-Jade | W16 | EAGLEHAWK YMCA AC | 23:25.13 |
| --- | Whiley, Ebony | W15 | EAGLEHAWK YMCA AC | DNF |