

# START LIST & RESULTS - Bendigo - 2nd - ½ Milers & 3000m PB Meets

**DATE:** Saturday 20<sup>th</sup> December 2008

**Commencing Time:** 6:30pm (Male 800m) / 7:00pm – (Male 3000m)      **Incentives :** 1<sup>st</sup> local over the line in each division receives \$50

**PRIZE MONEY:** 1<sup>st</sup> - \$250; 2<sup>nd</sup> - \$150; 3<sup>rd</sup> - \$100 - for each major race + possible incentive bonuses

## **RACE 1. 800m (Men) - Pace Maker - Josh Pickthall (54 - 400m )**

**Men's 800m** - Incentive Bonuses: Sub 1:51.50 - \$100 / Sub 1:53:5 - \$75 /// Male U/18 Sub 1:56 - \$150 / Sub 1:59 - \$75)

<u>Name</u>	<u>Club</u>	<u>Reg No.</u>	<u>2008 time</u>	<u>PB</u>	<u>MEET-TIME</u>
Navin Arunasalam (O/20)	Box Hill		1:53.9 (Nov'08)	1:52.0 (2007)	1:53.19 (SB)
Matt Coloe (J/20)	Box Hill	1427	1:56.40 (Nov'08)	1:51.9	1:53.55 (SB)
Ben Connor (O/20)	South Bendigo	4042	1:56.80(Nov'08)	1:51.7 (2006)	1:55.28 (SB)
Kyall Britten (O/21)	South Bendigo	1954	1:58.70 (Jan'08)	1:58.70	1:56.58 <b>PB</b>
Cody Williamson (18)	Harriers Bendigo	305	1:58.00 (Feb'08)	1:58.0	1:56.94 <b>PB</b>
Kaine Leech (15)	Eaglehawk YMCA	671	1:58.3 (Sept'08)	1:58.3	1:58.76
Kyle Martin-Alcaide (14)	Box Hill	1975	1:58.38 (Oct'08)	1:58.38	1:59.17

## **RACE 2 800m (Men) – Pace Maker – Josh Nolan - (76 sec – 500m pace)**

<u>Name</u>	<u>Club</u>	<u>Reg No.</u>	<u>2008 time</u>	<u>PB</u>	<u>MEET-TIME</u>
Michael Waldron(18)	South Bendigo	4089	2:06.52 (Nov'08)	2:06.52	2:04.03 <b>PB</b>
Greg Hilson (35+)	South Bendigo	1287	2:14.00 (Nov'08)	2:02.1 (1994)	2:13.15 (SB)
David Tarrant(20)	Bendigo University	4126	2:15.00 (Nov'08)	2:15.00	2:16.27
Mitch Jones (14)	Eaglehawk YMCA	3931	2:16.00 (Nov'08)	2:16.00	2:16.61
Peter Cowell (40+)	Harriers Bendigo	1392	2:18.00 (Dec'08)	2:18.00	2:17.91 <b>PB</b>

## **RACE 3 800m**

<u>Name</u>	<u>Club</u>	<u>Reg No.</u>	<u>2008 time</u>	<u>PB</u>	<u>MEET-TIME</u>
Jamie Cook (17)	Harriers Bendigo	1022	2:25.0(Nov'08)	2:25.0	2:19.15 <b>PB</b>
Rick Ermel (40+)	Harriers Bendigo		2:20.00 (Dec'08)	2:15.00	2:21.19
Jim Russell	Harriers Bendigo		2:25.0	2:25.0	2:22.85 <b>PB</b>
Kevin Shanahan(50+)	Eaglehawk YMCA	877	2:30.0 (Dec'08)	2:25.0	2:32.18
Louis Schenker	Harriers Bendigo	343	2:30.0	2:30.0	2:33.21
Dylan Harvey (16)	Harriers Bendigo	4113	2:30.00 (Nov'08)	2:30.00	2:36.99

## **RACE 4 - FEMALE 800m**

<u>Name</u>	<u>Club</u>	<u>Reg No.</u>	<u>2008 time</u>	<u>PB</u>	<u>MEET-TIME</u>
Angela Foley (20)	South Bendigo	3412	2:28.00 (Dec'08)	2:28.00	2:27.78 <b>PB</b>
Tania Higgs (F/14)	Eaglehawk	313	2:36.00 (Nov'08)	2:36.00	2:31.42 <b>PB</b>
Kirrily Burnett (F/18)	Harriers Bendigo	289	2:39.00(Nov'08)	2:39.00	2:31.88 <b>PB</b>
Yvette Tuohey (F/18)	Harriers Bendigo	3014	2:35.0 (Dec'08)	2:35.0	2:43.01
Celeine Mountjoy (13)	South Bendigo	1126	2:40.0 (Dec'08)	2:40.0	2:44.18
Demi Goodall-Hoffman(11)	Little Athletics	Come & try	2:54.0 (Nov'08)	2:54.0	2:50.53 <b>PB</b>
Mikayla Rigney (F/11)	Little Athletics	C&T	2:58.0 (Nov'08)	2:58.0	2:52.89 <b>PB</b>

## 3000m EVENTS

### ***RACE 5 - MEN 3000 metres - Major Heat Pacer – Brady Trelfell (4:06 - 1500m)***

**PRIZE MONEY:** 1<sup>st</sup> - \$250; 2<sup>nd</sup> - \$150; 3<sup>rd</sup> - \$100 - for major race + possible incentive bonuses

Male Incentives Bonuses - Open: Sub 8:15 - \$100 / Sub 8:25 - \$75 // + Bonuses 18/U: Sub 9:00.0 - \$150 / sub 9:10.0 - \$75

<u>Name</u>	<u>Club</u>	<u>Reg No.</u>	<u>2008 time</u>	<u>PB</u>	<u>MEET-TIME</u>
Brenton Rowe (O/21)	Deakin	3149	Not contested	8:22.0 (2006)	8:12.73 <b>PB</b>
Steve Kelly (O/20)	Box Hill	1437	8:26.9 (Nov'08)	8:25.0	8:29.16
Daniel Clark (O)	BoxHill	1423	8:25.26 (Nov'08)	8:25. (2006)	8:44.61
Tim McCullagh (18)	Bendigo Uni	1660	8:52.0 (08)	8:52.0	9:00.82
Richard Gleisner (O)	Ballarat YC		8:55 (Nov'08)	8:14.0	9:02.21
Anthony Aloisio (16)	Box Hill	2953	9:09.0 (Nov'08)	9:09.0	9:18.12
Ben Fahy (O)	Ballarat	1958	9:20.0 (Dec'08)	9:03.0	9:20.42
Victor Shelamoff (18)	Box Hill	783	9:11.0 (Jan'08)	9:09.0	9:29.31
Tony Fitzpatrick (40+)	Bendigo Harriers	2461	9:50.0 (Nov'08)	9:50.0	9:33.89 <b>PB</b>

### ***RACE 6 - Mixed 3000m (Males & Female x 1) - Pacer Maker – Matt Coloe (Box Hill)***

Female Incentive Bonuses: Sub 9:50 - \$100 / Sub 10:00 - \$75 /// 18/U Sub 10:15 - \$150 / Sub 10:35 - \$75

<u>Name</u>	<u>Club</u>	<u>Reg No.</u>	<u>2008 Time</u>	<u>PB</u>	<u>MEET-TIME</u>
Ian Wellard(40+)	Bendigo Harriers	1402	10:33.0 (Dec'08)	10:30.0	9:56.56 <b>PB</b>
John Maher	Bendigo Harriers	2065	10:21.0 (Nov'08)	9:43.0	10:17.08
Craig Green (40+)	Bendigo Harriers	428	10:47.0 (Sept'08)	10:31.0 ('07)	10:20.07 <b>PB</b>
Charles Chambers (50+)	Bendigo Harriers	437	10:32.0 (Dec'08)	9:41.0	10:28.58
Meredith Cook (F/35)	Bendigo Harriers	1397	10:59.3 (Nov'08)	10:47.0	10:40.54 <b>PB</b>
Luke Crameri (O)	Bendigo Harriers	3008	10:30.0(Nov'08)	10:38.0	10:45.74
Victor Cook (40+)	Bendigo Harriers	1902	11:31.99 (Nov'08)	9:40.0	10:55.20
Damian Demaj	Bendigo Harriers	1141	not contested	10.01 (Feb'08)	10:56.88
Scott Purdon (O)	South Bendigo	1290	10:37.43 (Nov'08)	10:37.43	10:57.45
Wolf Heiden(40+)	University Bendigo	2072	11:34.90 (Nov'08)	11:31.0	11:29.40 <b>PB</b>
Geoffrey Graham (50+)	Triathlete	C&T	14:00.0	14:00.0	13:50.30 <b>PB</b>